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Volume 5, Number 18 *October 27-November 9, 1990*

UCSF Newsbreak

Prop 143 Bond Issue . . . Higher Education Can't Get Along Without It

One may not think that gubernatorial candidates Dianne Feinstein and Pete Wilson have anything in common. But, there is one common denominator for sure: they both support Proposition 143. And they're not alone. Both major party candidates for lieutenant governor—Democrat Leo McCarthy and Republican Marian Bergeson—also are behind it. This $450 million bond issue also has garnered the support of a diverse group of statewide organizations, including the CA State Chamber of Commerce, CA Teachers Association, and the CA State Employees Association.

Prop 143 is the second half of a two-year building program to provide new classrooms, laboratories, library space and improved seismic safety at UC, the California State University and California Community Colleges.

Why is it needed? California is in the midst of another population explosion, similar to what was experienced after World War II. It is expected that this state will grow twice as fast as the rest of the country in the 1990s. With this growth we will see over 1.6 million new students pouring into the public school system.

A report by the independent California Postsecondary Education Commission in 1988 estimated California public education will need $7.7 billion for new buildings, renovations and repairs through the year 2000. About a third of that money, the commission said, would be needed even if enrollments didn't grow.

UC alone projects that it must accommodate an additional 57,000 students by the year 2005. "Our building program must con-

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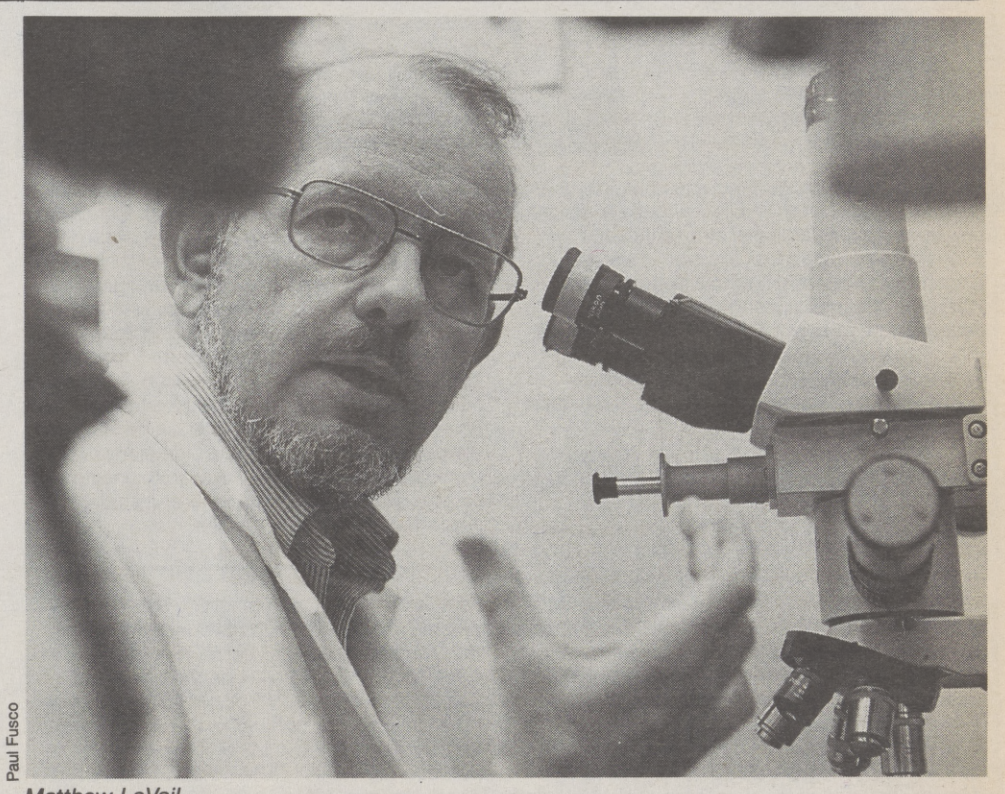

Paul Fusco

Matthew LaVail

Major Advance in Retarding Blindness

Campus eye researchers have successfully delayed the onset of retinal degeneration in experimental rats with an inherited form of blindness by injecting a drug into the eye. Though the effect was temporary, this is the first time any injected substance has significantly delayed the death of visual cells, the so-called rods and cones, in animals or humans.

It thus offers hope that this or another drug ultimately will be able to retard similar degeneration and subsequent blindness in humans.

In the experiment, a single injection of basic fibroblast growth factor (bFGF) into the eye dramatically slowed degeneration of the retina for up to two months in rats that have an inherited disease similar to the retinitis pigmentosa disorders. Normally these rats begin to lose retinal cells within a few weeks of birth, and almost all the cells are dead by two months of age.

"This gives us hope that the right type of drug therapy could have the same effect in humans," says Matthew M. LaVail, professor of anatomy and ophthalmology. "We hope this is a step in that direction." He cautions, however, that bFGF has other perhaps damaging effects in the eye, and thus could cause serious side effects. "We're a long way from having a useful therapeutic drug," LaVail says.

He and colleagues in UCSF's Beckman Vision Center, including Roy H. Steinberg, professor of physiology and ophthalmology, and medical student Ella G. Faktorovich, reported the results in the September 6, 1990 issue of *Nature*.

Around 400,000 Americans have some form of retinal degeneration, and one type—macular degeneration—is the leading cause of blindness in those over 60. The most common inherited degeneration is retinitis pigmentosa, a group of diseases that afflicts 1 in 3,500 people, usually causing blindness by middle age.

United Way Campaign Begins Oct. 29 . . . What if Everybody Gave?

All kinds of events are occurring on campus for this year's UCSF United Way Campaign, which runs for two weeks from October 29 to November 9. It's impossible to list all of the raffle parties and the like which individual departments and divisions are hosting, so be sure to see your department manager for details. Now, for what the schools and Langley Porter have planned:

- If you are a member of the School of Pharmacy, you better send in your United Way donation *fast*. Anyone who donates by Wednesday, October 31, is eligible for some great raffle prizes to be given out at a party that afternoon from 3:30 to 5 p.m. in HSW 301.

The prize list is long, according to Barbara Wilson, who is coordinating the School's campaign, and includes such great items as two roundtrip tickets to Orange County, gift certificates to Macy's, Nordstrom, I Magnin, Sees Candies, the Nature Company, Kabuki Hot Spring, plus fast passes, and dinner for two in your home prepared by Moffitt Catering.

Barbara says there also will be a halloween costume party and contest with a round-trip ticket to anywhere in the US going to the first-place winner. For further information call Barbara at 476-1226.

- School of Medicine campaign coordinator Ruth Stege says that the Dean's Office again will award funds to the top three participating units: $1,500 first prize (for the highest percentage of participation), $750 second, $500 third. Last year, Otolaryngology took first with 100% participation. For further information, call Ruth at 476-2342.
- Anne Cardy of the School of Nursing tells us that they are doing something different this year. The School will treat every department that succeeds in getting 100% participation to either a dinner or a catered lunch, whichever they prefer. For further information call Anne at 476-4801.
- Meanwhile, what about the School of Dentistry? First among the schools last year with a 85% participation rate, the School hopes to maintain that status, according to coordinator Shirley Hodges. To help spur things along,

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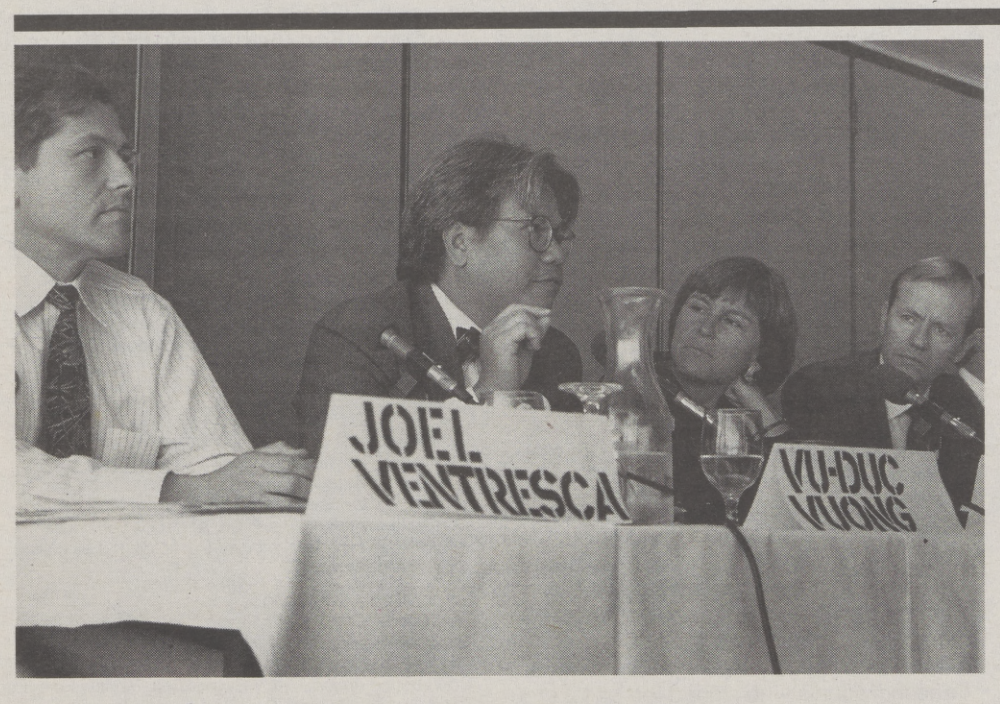


Supervisorial Candidates Hit Campus

Candidates for the Board of Supervisors were on campus at two different forums on October 4 and 11. All the candidates waved the blue and gold as much as they could to the total of 350 employees who attended, and agreed that UCSF expansion was essential. Above, Vu-Duc Vuong (center) takes a question from the audience as candidates Joel Ventresca and Roberta Achtenberg and UCSF's Troy Daniels, chair, Academic Senate (far right), listen.

General Clinical Research Centers Celebrate 30 Years with Nov. 2 Symposium

It all began in the late 1950s. The National Institutes of Health began funding General Clinical Research Centers (GCRCs) for patient oriented research for the purpose of identifying clinical disorders and their biochemical mechanisms.

Today, there are 78 GCRCs in teaching hospitals and universities across the country. Resulting research has had a major influence on the practice of medicine.

This year marks the 30th anniversary of the national GCRC program. Because our campus has three highly productive GCRCs, we have been chosen as the site for the regional celebration on Friday, November 2, from 2 to 5 p.m. in Toland Hall. A reception will follow at the Faculty/Alumni House.

The celebration will include a symposium with each of the UCSF GCRC directors—R. Curtis Morris, Jr. of Moffitt, Diane Wara of the Pediatric Clinical Research Center, and Edward G. Biglieri of SFGH—discussing the highlights of their centers; plus presentations by Judith Vaitukaitis, director of the national program; Richard Havel, director of the CVRI; Melvin Grumbach, the Edward B. Shaw Professor of Pediatrics; and Neal L. Benowitz, professor of medicine and psychiatry.

The SFGH-based center has made significant contributions in several areas, including iron kinetics in megaloblastic anemia, molecular defects in sickle cell anemia and thalassemia, and drug therapy for Wilson's and Parkinson's diseases, to name just a few.

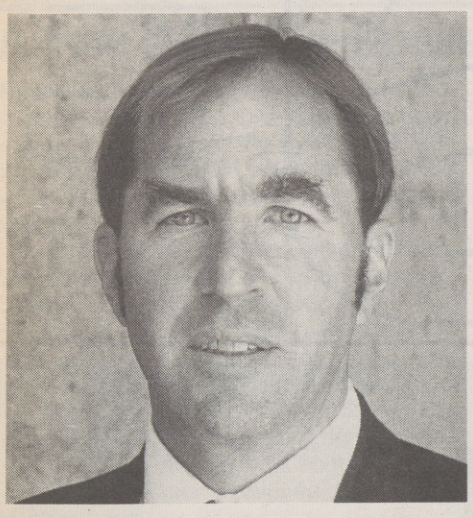
The Adult GCRC in Moffitt Hospital is a multidisciplinary clinical research program with participating investigators from the CVRI and CRI, as well as the departments of medicine, surgery, pediatrics, ob/gyn, dermatology, and the School of Nursing. Moffitt's GCRC supported the first experimental kidney transplant program in California, spawning UCSF's present-day renowned clinical and investigative programs.

The Pediatric Clinical Research Center (PCRC), which began as a subunit of the adult GCRC, reached full unit status in 1981. Among its work, the center has defined the natural history of, and investigated drug therapies for, pediatric AIDS.

For further information on the celebration, call 476-9232.

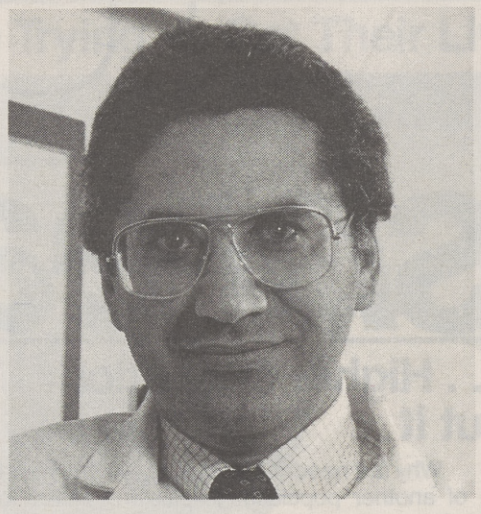
Gazette

Appointments



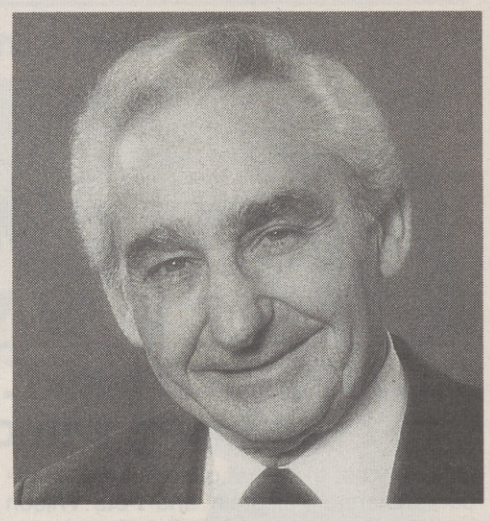
Robert L. Okin: Appointed vice chair, psychiatry and chief, psychiatry, SFGH. Formerly a clinical associate on the faculty of Massachusetts General Hospital and an assistant professor in psychiatry at Harvard Medical School, Okin served as commissioner of mental health in Massachusetts from 1975-1981 and in Vermont from 1973-1975. He is a fellow of the American College of Mental Health Administration and member of the American Psychiatric Association.

Dorothy S. Oda: Appointed chair, mental health, community & administrative nursing. Completing her doctorate at UCSF in 1973, she joined the faculty as an assistant professor, later becoming associate professor, then professor, specializing in community health nursing. Oda, who was nursing director of the Robert Wood Johnson Foundation National School Health Program from 1979-83, is a fellow of the American Academy of Nursing and American School Health Association, receiving the ASHA Distinguished Service Award in 1989. As new chair, Oda plans to make increased external faculty research funding and cultural diversity in faculty, staff and students the department's highest priorities.



Jeffrey A. Katz: Named interim chief, anesthesiology, Mount Zion. Most recently an associate professor, clinical anesthesia at SFGH, Katz has been a UCSF anesthesia faculty member since 1979, when he began as an assistant professor at SFGH. Katz will oversee the development of an academic anesthesia department at Mount Zion while a national search is conducted for a permanent chief.

Honors & Awards



Harry Weinstein: To receive the 1990 Distinguished Alumnus Award at Mount Zion's Alumni Day on October 27. Weinstein, whose service to Mount Zion spanned more than 50 years, is well-known for his many significant contributions to the fields of home care, medical education and gerontology. He was medical director of Mount Zion's home care program for more than 20 years, during 15 of which he also directed medical education and long-term care.

In Memoriam

Eugene S. Hopp: A clinical professor emeritus, otolaryngology, and inventor of an instrument to examine the larynx. After earning his bachelor's and medical degrees from the University of Georgia and after a stint in the Army, Hopp opened a practice in San Francisco in 1946. He was chief of the ear, nose and throat service at SFGH in the 1960s and taught at UCSF until he retired in 1978. Hopp was active in community service, serving on the San Francisco Board of Education, the advisory board of Meals on Wheels, the board of Goodwill Industries, and also as president of the Laurel Heights Improvement Association. He was on the board of the San Francisco Medical Society, a fellow of the American College of Surgeons and the Royal Society of Medicine in London. Memorial gifts may be made to the San Francisco Police Activities League, 350 Amber Dr., SF 94131.

Flu Vaccine Available Beginning Oct. 29

Peak flu season soon will be here. The Employee Health Service is offering to the campus community free flu vaccines beginning Monday, October 29. Just go to Room 707 of the Ambulatory Care Center any weekday from 8 a.m.-noon and 1-4 p.m. (Vaccines are available after 9:30 a.m. on Wednesdays.)

Influenza vaccine is made from highly purified egg grown viruses that have been inactivated. This year's vaccine contains the viruses A/Taiwan, A/Shanghai and B/Yamaguta.

"The flu viruses frequently change, so people who have been infected or given a flu immunization in previous years may become infected with a new strain," explains head nurse Delores Giles. "Because of this, and because any immunity provided by the flu vaccine will probably decrease in the year after vaccination, persons in high risk groups should be vaccinated every year."

Those at high risk include the elderly, transplant patients, persons with chronic heart or lung disease, and AIDS patients.

"This also includes nurses, physicans and other personnel in both hospital and ambulatory care settings, who may transmit the disease to high risk persons," she adds. Immunizations, therefore, also will be available in Moffitt/Long Hospitals from November 5 to 16. Watch for posters of times and dates in your hospital unit.

Superior Court Now Hearing Testimony on UCSF Laurel Heights Site

Superior Court Judge Pro Tem Harry Brauer on October 15 opened a trial on a suit filed in 1986 by the Laurel Heights Improvement Association (LHIA) which attempts to prevent our campus from moving the School of Pharmacy into the UCSF Laurel Heights building. This is one of three suits filed against UCSF by LHIA since 1986 which seek to block plans for the Laurel Heights campus.

This particular request for an injunction alleges UCSF officials misrepresented plans for the Laurel Heights campus in 1985 during two informational meetings and in some correspondence with neighborhood residents. The suit contends the University promised residents the property would be used primarily for administrative offices, that no horizontal or vertical expansion of the building would occur, and that the number of people working in the building would not exceed 1,200.

Campus officials made none of the promises LHIA alleges, according to the trial brief of attorneys representing UCSF—Jerome Falk of Howard, Rice, Nemerovski, Canady, Robertson & Falk.

A taped transcript of one of the informational meetings indicates that campus officials stated repeatedly that the planning process had just begun and that the programs to be moved to Laurel Heights had not yet been determined, Falk said. The transcript also includes UCSF's estimate that as many as 1,400 people might work in the building and a comment that the University had "no plans" to construct any additional buildings, he said.

"Campus officials don't have the authority to make commitments with respect to the University's property," Falk explained. "According to the standing rules of the Board of Regents, under which the University operates, only the Regents have that authority."

UCSF purchased the Laurel Heights building in 1985 to ease critical overcrowding on the Parnassus campus and to open up space for vital medical and scientific research.

Results of the trial will be reported in *Newsbreak* as soon as they are known.

Clear Those Hallways

California law states that we must keep the hallways in our campus buildings clear in order to allow for quick emergency evacuation. "In the early 1980s," says Environmental Health & Safety technologist Marv Shepherd, "refrigerators and the like found their way into the halls, especially in the HSW and HSE towers." The CA State Fire Marshall's office made an exception for our campus to allow these larger metal items to remain.

"Now, however," says Shepherd, "things are getting out of hand again with lots of things being tossed out in the halls, including flower pots." Shepherd explains that EH&S has already tagged certain items with stickers saying that they have been approved to remain in the halls, however everything else will be tossed. And the department will be fined.

If the halls are not cleared of debris, the State Fire Marshall's Office could rescind the UCSF exception. For further information, call campus fire marshall Richard Johnson at 476-2608.

Please Recycle Correct Items

Here's a note from the Graduate Students' Association regarding their recycling program: Aluminum and glass collection receptables now are located at Millberry's Plaza Grill and the Courtyard Cafe in Saunders Court. Unfortunately, various forms of garbage, even bioharazardous waste bags, have been deposited in the bins. PLEASE DON'T DO THIS! If this continues, the Haight Ashbury Neighborhood recyclers will refuse to pick up UCSF's bins, thus jeopardizing the program. For further information, call 476-2233.

Event Honors Women Vets

The honorable Nancy Pelosi, member of the US House of Representatives, will be among speakers at a reception to honor women veterans on Thursday, November 1, from 3 to 5 p.m. in the auditorium of Building 7 at the San Francisco VA Medical Center, 4150 Clement.

The celebration, which is open to the public, is part of National Women Veterans Recognition Week, established by President Reagan in 1988.

Also speaking will be Brigadier General Wilma L. Vaught (Ret.), president of the Women in Military Service for America Memorial Foundation, and Lt. Colonel Evangeline Jamison (Ret.), chair of the fund raising committee, Vietnam Women's Memorial Project. They will discuss progress in projects to establish national memorials honoring women veterans, including those from the Vietnam War. For more information, call 750-2044.

Prop 143 *(continued)*

tinue on a steady pace if we ever hope to meet our present or future needs," says William Baker, UC vice president for budget and university relations.

At UCSF, Prop 143 would help supply the funds to build an education center with seminar rooms, lecture halls and teaching laboratories; replace our antiquated fire alarm and life safety system; improve our fire protection water supply and distribution system; and upgrade the electrical system in the Medical Sciences building.

General obligation bonds like Prop 143 are a common financial tool used by the state to finance major construction projects. If it passes, the annual cost of the bond over 20 years will amount to $1.52 per Californian. Previous bonds have helped finance 103 major construction and renovation projects over the last four years for UC alone.

Who opposes Prop 143? Certainly, the three individuals who signed the ballot argument against the measure because, they say, they are against bonds for any reason. There is no organized opposition to Prop. 143.

United Way *(continued)*

the dental school is having a raffle party the last day of the campaign—Friday, November 9—beginning at 4 p.m. in the Dean's Office, Room S 630. Prizes? You bet. From Nordstrom gift certificates to dinner at Undici, from tickets to Les Miserables to a complete sake set. The School also held a luncheon for all donor reps and department contacts last Friday. For further information call Shirley at 476-2681.

● Anne Poirier from LPPI tells us that the institute threw a luncheon just last Thursday to thank the 20 donor reps in advance for all their help during the campaign. There also will be a raffle on Monday, November 12, at 3 p.m. in the LPPI lobby for all staff who participate, with such prizes as free parking on campus, gift certificates to Nordstrom (boy, that's popular!) and for free massages, and much more. For further information call Anne at 476-7033.

Be sure to turn to page 8 to see what final campaign plans the Medical Center has made.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover November 10-23, 1990, will be on Tuesday, October 30, at 11 a.m. Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Michele Firpo, all at Box 0462. Last-minute copy can be taken over the telephone by calling 476-1541 or 476-2557.

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Michela Reichman, Assistant Chancellor—Communications

SFGH Party Pictures

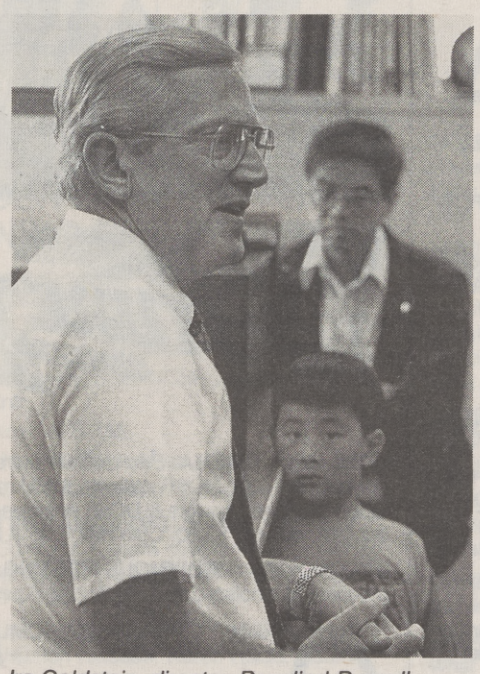
Have you ever heard the expression, "The more time you spend planning a party, the better it will turn out?" Well, that certainly was the case for the UCSF/SFGH Partnership celebration. The party was a two-day affair (October 12 and 13) to celebrate the achievement and more than a century of working together to provide health care for the people of San Francisco.

There was a luncheon for dignitaries and a staff reception on Friday, followed by Saturday's big extravaganza featuring a health fair, a resource fair, tours and tons of entertainment. Plus, there was a large gala the evening of October 19. With a splendid mix of warmth and pride, faculty and staff, students and former patients alike whooped it up. Here's a photo sampling of what went on:

The staff party or a chorus line tryout?

Everyone broke away, even if it was just for a few minutes, to take in the staff party.

At the luncheon for university and city dignitaries: Robert Mahley, head of the Gladstone Foundation (left), and Walter Newman of the UCSF Board of Overseers have their eyes fixed on their preview copies of the latest UCSF Magazine, *which features SFGH.*

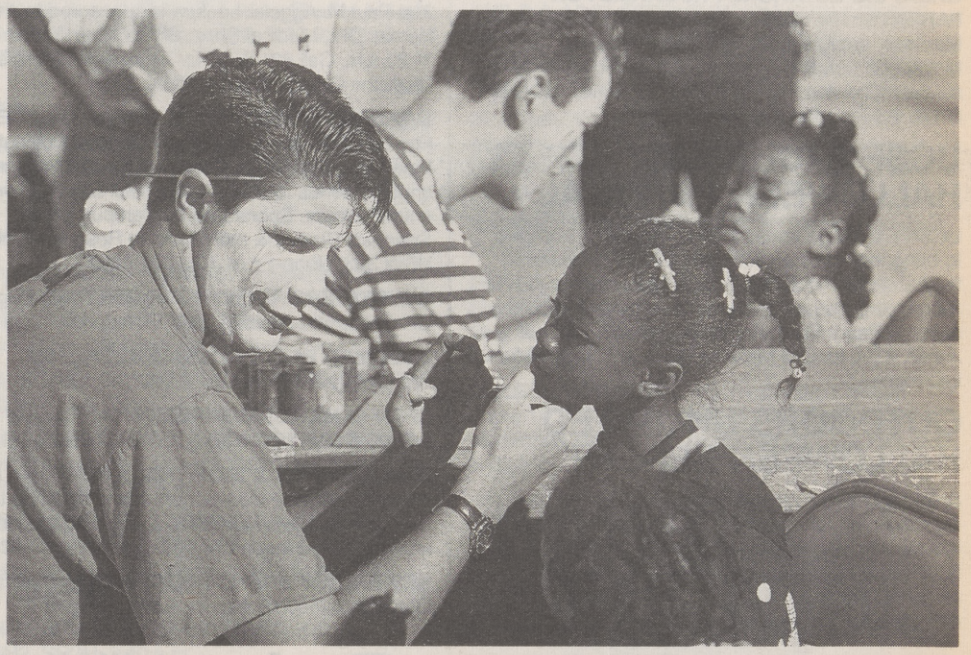


Ira Goldstein, director, Rosalind Russell Arthritis Research Center at SFGH, conducts a tour of the lab.

A member of St. Mary's Chinese Girls Drum & Bell Corps

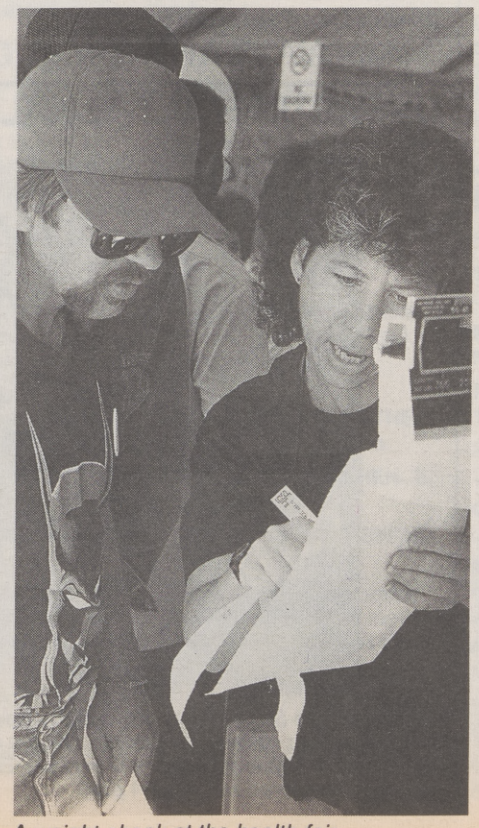
Chair of the UCSF/SFGH Celebration Committee Moses Grossman and his wife Verle

Mayor Agnos takes a tour of SFGH's Intensive Care Nursery where he greets Ana Gonzales and her infant daughter Emaluisa. They are joined by Blanca Garcia of the Early Parenting Project (seated, far left); and Edward Chow, president, SF Health Commission, and Chancellor Krevans (standing, left to right).



Face painting at its finest

A good seat to check out all of Saturday's action



A weight check at the health fair

Supervisor Nancy Walker accepts the George Moscone Award at the October 19 gala.

Today/Tomorrow

27 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

SURGERY GRAND ROUNDS: *New Wrinkles in Hemorrhoids & What to Do About Hyperplastic Polyps.* Ted Schrock, Surg. Followed by M&M conference. Toland Hall. 8:30 a.m.

JOHN E. GURLEY DENTAL ALUMNI DAY

Fourteen seminars, a luncheon, tours of the dental school, new library, Faculty/Alumni House & MU, and a reception commemorate the inspiration, contributions & career of John E. Gurley. Sponsored by the UCSF Dental Alumni Assn. 8:30 a.m.-4:30 p.m. School of Dentistry. Call 692-5167 or 476-9158 for fee, registration and other information.*

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *The Decision to Have Another Baby.* Marriage, family & child counsellor Rohanna McLaughlin leads discussion for this, the fourth of a six-part "Growing Family" series. $5 individual/couple. S 118. 9 a.m.-noon. Call 476-6667.*

UCSF EXCHANGE HALLOWEEN CARNIVAL

UCSF Exchange invites interns, residents & fellows to bring their children in costume to this Halloween fundraiser for the UCSF & SFGH Neonatal Unit. Storytelling, games, prizes, refreshments & a bake sale. St. Paul's Presbyterian Church, 43rd Ave. & Judah. 1-5 p.m. Call Michelle Lewis at 564-2496 for information.*

OUTDOORS UNLIMITED HALLOWEEN BENEFIT

Urban Monsters' Wilderboogie. Don't forget to wear your costume to this dance benefit featuring the live music of *Blues Disaster* & other special guests. Sponsored by Outdoors Unlimited. Tickets $5 students, $10 general. MU Conf. Cntr. 8 p.m. Call 476-2078 for information.*

29 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes & costs only $50. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

The van will be at the following locations for the next two weeks:

- Oct. 29-Nov. 2: Lawrence Livermore Natl. Lab. (employees only).
- Nov. 5-8: Westlake Shopping Center, on Park Plaza Dr. near Safeway.

A $50 mammography screening also is available at the Mount Zion radiology department. Call 885-7710.

UNITED WAY CAMPAIGN BEGINS

(See story on page 1.)

OTOLARYNGOLOGY GRAND ROUNDS: *Management of Tonsillar Carcinoma.* Brian E. Schindler, Oto. *Management of Nasopharyngeal Carcinoma.* Theodore L. Phillips, Rad. Onc. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 8:30-10 a.m.

OVEREATERS ANONYMOUS MEETING: *The "H.O.W." Concept.* A more structured approach to over-eating. Speaker & discussion. N 417. Noon. Call Lia, 476-4251.*

LABORATORY MEDICINE GRAND ROUNDS: *The Human RAS-like Proteins & Their Regulators in Yeast.* Michael A. Innis, Mol. Bio., CETUS Corp. L 535. 4-4:50 p.m.

PEDIATRIC UROLOGY CONFERENCE: *Urinary Diversion & Undiversion in Children.* Cu Ngoc Phan, Uro. M 464. 5-6 p.m.

DON'T MISS THE DEADLINE

If you would like an item listed in the next calendar, which covers Nov. 10-23, it must be received in our office in writing by Tues., Oct. 30, at 11 a.m. Send your copy to Michele Firpo, Box 0462, or call 476-1541.

30 Tuesday

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: Resident's Forum. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Organic Acidemia.* Sy Packman, Ped., SFGH. Carr Aud., SFGH. 8:30-9:30 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30 a.m.-noon. Call Lenard Florendo at 476-1073 to schedule.

OB/GYN GRAND ROUNDS: *Current Strategies in IUD Use.* Bruce Carr, Ob/Gyn, U Texas. S 1364. 9 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

AGGELAR LECTURE

Hemoglobin Switching: Basic Mechanisms & Clinical Implications. Arthur W. Nienhuis, Clin. Hemat. Branch, Natl. Heart, Lung & Blood Inst., NIH. The 21st Paul M. Aggelar Lecture is sponsored by the Hemat. Div., Medical Serv., SFGH. Carr Aud. 11:30 a.m. Call 821-8573 for information. (Also see Medicine Grand Rounds, Thurs., Nov. 1.)

BAY AREA WOMEN IN THE MARKETPLACE: Francee Covington, president, Francee Covington Video Productions, presents the third lecture in an ongoing series featuring successful Bay Area women entrepreneurs. Sponsored by Campus Tours/Speakers Bureau & the Women's Resource Cntr. HSW 303. Noon-1 p.m. Call 476-4394.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *A New Theory of Muscle Contraction.* Clarence Schutt, Chem., Princeton. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

NEUROLOGY GRAND ROUNDS: *Optic Neuritis.* Douglas S. Goodin, Neuro. S 664. 5-6 p.m.

31 Wednesday

PLASTIC SURGERY GRAND ROUNDS: D & C Conference. Toland Hall. 7 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, 476-1662.

OPEN ENROLLMENT MEETINGS

Benefits personnel provide information & answer questions about medical & dental plans at the following meetings. Benefits reps also will be available one hour before & immediately following each of the meetings (except the Open House & Mt. Zion meeting) to answer questions:

- Wed., Oct. 31: Open House, with reps from all plans, plus Midwest Legal Services. MU Conf. Cntr. 8 a.m.-4 p.m.
- Fri., Nov. 2: SFGH Carr Aud. 12:15-1:15 p.m.
- Tues., Nov. 6: Mission Center, Rm. 125. Noon-1 p.m.
- Wed., Nov. 7: HSW 302. Noon-1 p.m.
- Thurs., Nov. 8: Mt. Zion, dining rooms 2 & 3. Drop-in 8 a.m.-1 p.m.
- Fri., Nov. 9: Oyster Pt., Conf. Rm. 1-2:30 p.m. & 2:30-4 p.m.
- Mon., Nov. 12: Mt. Zion, dining rooms 2 & 3. Noon-4 p.m.
- Wed., Nov. 14: HSW 302. Noon-1 p.m.
- Thurs., Nov. 15: Toland Hall. 5-6 p.m.
- Fri., Nov. 16: VAMC, Bldg. 203, 3rd fl., Rm. 3 B 66. Noon-1 p.m.
- Tues., Nov. 20: S 1364. Noon-1 p.m.

(continued top of next column)

DERMATOLOGY CONFERENCE: *The HIV Spectrum.* Mark A. Jacobson, Med. & Infec. Dis., SFGH. HSW 301. 8-9 a.m.

BROWN BAG LECTURE SERIES: *Charisma: How Much Do You Want?* Gordon Shearer, former Broadway & TV performer, Natl. Speakers Assn. HSW 300. Noon-1 p.m. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. UCSF-Mission Center (MCB), 3rd fl., Rm. 300C. 12:05 p.m.*

PSYCHIATRY GRAND ROUNDS: *Child & Adolescent Response to the SF Earthquake.* Lynn E. Ponton, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

SEMINARS IN BIOLOGY: *Targeting & Assembly of the Nuclear Laminar Proteins.* Frank McKeon, Cell. & Mol. Physio., Harvard. HSW 300. 4 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Gastrointestinal Pathology I.* Carolyn Montgomery, Path. HSW 508. 5:30-6:30 p.m.

PATHS OF HEALING & WHOLENESS FOLLOW-UP WORKSHOP: *Communing vs. Healing.* Allen Rolland, author. Every Wednesday through Nov. 28. $75. N 717. 7-9 p.m. Call Marie Lehrer at 476-3939 for information.*

SAN FRANCISCO HISTORY CLASS: Meets every Wednesday through Dec. 12. Led by Charles Fraccia, SF Historical Society. Toland Hall. 7:30-9:30 p.m. Call 567-2725 for information.*

1 Thursday

MEDICINE GRAND ROUNDS: *Approaches to Human Gene Therapy.* Art Nienhaus, Clin. Hemat. Branch, Natl. Heart, Lung & Blood Inst., NIH. Toland Hall. 8-9 a.m. (See Aggelar Lecture, Tues., Oct. 30.)

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. 4H2, SFGH. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Toward a Molecular Pediatric Oncology.* Mark Israel, Neurosurg. S 664. 8:30-9:30 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Failure to Thrive.* Edmund Lonergan, Med. & Ger., VAMC. *Colon Cancer Screening.* Michael Darby, Med. A 455. 10 a.m.-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. HSE 317. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

ORAL BIOLOGY 220 SEMINAR SERIES: *Neuronal Guidance: Cues & Molecular Teamwork.* Michael Ignatius, Physio. S 664. Noon.

DRESS UP FOR THE HALLOWEEN FESTIVAL OCT. 31

Escola Nova de Samba performs Brazilian music & dance while witches, ghosts and goblins check out the pumpkin carving contest, the dancing, the bake sale and each other . . . for the costume contest, of course. Sponsored by Millberry Programs & Services, EMPACT!, Take Care Health Plan, Student Services & Student Housing. Saunders Court. Noon-1 p.m.*

HOW WILL I CARE FOR MY PARENTS?

What Do I Do Tomorrow? The Elder Care Dilemma. Susan Kornblatt, UCSF Academic Geriatric Resource Cntr., discusses resources available to help make decisions about caring for elderly parents. Co-sponsored by UCSF Child & Elder Care Referral Serv. & the Women's Resource Cntr. LPPI Aud. Noon-1 p.m. Call 476-2692 or 476-0400 for information.*

RECEPTION HONORS WOMEN VETS

In celebration of Natl. Women Veterans Recognition Week, the VAMC is hosting a reception with a list of speakers, including Nancy Pelosi, US House of Representatives, and two retired women veterans—a brigadier general and a lieutenant colonel. Aud., Bldg 7, VAMC. 3-5 p.m. For more information call 750-2044. (See story on page 2.)*

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 4-5:30 p.m.

PRIMARY CARE GRAND ROUNDS: *Advances in Prostatic Disease.* Peter Carroll, Uro. A 455. 4:30 p.m.

RADIOLOGY GRAND ROUNDS: *Factors Determining Career Choices in Radiology.* Bruce J. Hillman, Rad., U Arizona Med. Cntr., Tucson. HSW 301. 5:15-6:15 p.m.

COLE HALL CINEMA: *Back to the Future III.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8:15 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A 222. 6 p.m.*

2 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Public Sector Response to Fragile Infants: Specialized Fostor Care Model.* Don Cohon, Ped. & Psychr. LPPI Aud. 10:10-11:30 a.m.

PHARMACEUTICAL CHEMISTRY SEMINAR: *Targeting of Cytostatistics & Fibrinolytics with Liposomes.* Dann Crommelin, Pharm., State U, Utrecht, the Netherlands. S 1364. 11 a.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

PATHS OF HEALING & WHOLENESS SEMINAR: *Altruism & Exceptional Health.* Christie Kiefer, Human Dev. & Aging, Human Survival Prog. N 721. Noon. Call Marie Lehrer at 476-3939 for information.*

GCRC 30th ANNIVERSARY

A symposium to recognize the 30th anniversary of NIH's General Clinical Research Centers. Toland Hall. 2-5 p.m. Call 476-9232. (See page one for full story.)*

COLE HALL CINEMA: *Back to the Future III.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 9 p.m.*

Oct. 27-Nov. 9, 1990

MULTIPLE HELPERS OUTREACH NETWORK AGENCY MEETING: Help create a task force to help people with PTSD & multiple personality disorders. Sponsored by the UCSF Inst. Healing Arts & Sciences. Toland Hall. 7-10 p.m. Call Tania Kostanian at 759-7923 for information.*

3 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

SURGERY GRAND ROUNDS: *Thyroid Cancer.* Quan Duh, Surg., VAMC. Followed by M&M conference. Toland Hall. 8:30 a.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Siblings Living Together.* Abby Alcon, Behav. & Dev. Ped., leads discussion for this, the fifth of a six-part "Growing Family" series. $5 individual/couple. S 118. 9 a.m.-noon. Call 476-6667.*

LOW VISION FORUM: Luis Baptista, CA Academy of Sciences, discusses birds and their song, and imitates various local bird dialects. A series of forums held on the first & third Saturdays of each month. Clinical Eye Res. Bldg., 374 Parnussus. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for more information.*

4 Sunday

UCSF ORCHESTRA FALL CONCERT

Program includes Prokofiev's *Lt. Kije Suite;* Schubert's *Unfinished Symphony; Sempre Libera* from Verdi's *La Traviata;* & the Aria from Catalani's *La Wally*, featured in the movie *Diva*. Reception to follow. Tickets $3 seniors & students, $5 general. MU Gym. 4 p.m.*

5 Monday

OTOLARYNGOLOGY GRAND ROUNDS: *Management of Parotid Malignancies.* Michael J. Kaplan, Oto. *San Francisco VA Case Presentations.* Jeffrey A. McKenna, Oto. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 8:30-10 a.m.

CANCER DATA SYSTEMS TRAINING PROGRAM

An intensive two-week overview of hospital registry operations as well as other patient data systems. 8:30 a.m.-4:30 p.m. Mon.-Fri. Call 476-2331 for more information. Dates & locations are as follows:

- Mon.-Tues., Nov. 5-13: UCSF-Laurel Heights Conf. Cntr.
- Wed., Nov. 14: S 758.
- Thurs., Nov. 15: Toland Hall.
- Fri., Nov. 16: MU Resident's Lounge.

OVEREATERS ANONYMOUS MEETING: *The "H.O.W." Concept.* A more structured approach to over-eating. Speaker & discussion. N 417. Noon. Call Lia, 476-4251.*

BRAIN TUMOR RESEARCH SEMINAR: *Prion Protein in Human Disease.* Karen Hsiao, Neuro. S 214. Noon-1 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *Overview of Forensic Science.* John Thornton, Forensic Sci., Schl. Public Hlth., UCB. L 535. 4-4:50 p.m.

PEDIATRIC UROLOGY CONFERENCE. M 464. 5-6 p.m.

6 Tuesday

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *New Technologies for Monitoring the Functional Movements of the Condyle in Real Time.* Sheldon Baumrind, G & D, Rad. & Orth. Surg. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Neuropathology of Congenital CNS Lesions.* Hannes Vogel, Neuropath., Stanford. Carr Aud., SFGH. 8:30-9:30 a.m.

TRANSFUSION MEDICINE RESEARCH FORUM: *How Do CD8 + T Lymphocytes Control HIV Replications?* Chris Walker, Chiron Corp. L 535. 8:30 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

INCEST & THE RECOVERY PROCESS

Incest Trauma: Multicultural Treatment Perspectives. Social workers & therapists Alicia M. Carranza & Mary Ma discuss the recovery process for incest survivors, highlighting women of color. Sponsored by the Rape Prev. Educ. Prog. Toland Hall. Noon-1 p.m.*

CAMPUS AMNESTY INTERNATIONAL MEETING: C 417. Noon-1 p.m. Call David Campbell at 476-2334 for information.*

GERIATRIC GRAND ROUNDS: *Electrolyte Disorders in Elderly Patients.* Allen Arieff, Med., Ger. & Nephr. LPPI Aud. Noon-1 p.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

DENTISTRY DEAN'S SEMINAR

Golden Hands. Paul Goldhaber, Periodont. & dean emeritus, Harvard Schl. of Dent. Med. C 701. 12:30-1:45 p.m.

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 2:30 p.m.

FACULTY DEVELOPMENT PROGRAM

A program to familiarize new & junior faculty, advanced graduate students, postdoctoral fellows & other interested academic appointees with the responsibilities & activities of the Academic Senate, research funds & the faculty review process. MU Conf. Cntr. 3-5 p.m. Call 476-1881 or 476-2218 no later than Tues., Oct. 30, if you plan to attend.

SOKOLOW VISITING SCIENTIST LECTURE

Mechanism of Transformation by the Human Papillomaviruses. Peter Howley, Tumor Virus Bio., Natl. Cancer Inst., NIH. The 11th Ethel & Jane Sokolow Visiting Scientist Lecture is sponsored by CRI. Cole Hall. 4 p.m. (Also see Medicine Grand Rounds, Thurs., Nov. 8.)

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *Muscle Cell "Automodulation" of Nicotinic Acetylcholenic Receptors.* John West Day, Neuro. S 664. 5-6 p.m.

7 Wednesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Thomas Hunstman, Joseph Keiner, Edmond Ritter & Philip Trabulsy, all Plast. Surg. Davies Med. Cntr. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, x61662.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Asthmatics & Air Pollution: Recent Epidemiologic Evidence.* Bart Ostro, Hlth. Serv., Berkeley. A 455. 8-9 a.m.

DERMATOLOGY CONFERENCE: *Maxadillan: A Novel Vasodilator Peptide.* Ethan Lerner, Derm., Harvard. HSW 301. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Clinical & Diagnostic Aspects of the Management of Hyperparathyroidism.* Quan Duh, Surg., VAMC. M 1486. 8:30 a.m.

CORNEA LECTURE SERIES. Harry Hind Library, 95 Kirkham St. Noon.

BROWN BAG LECTURE SERIES: *High Cholesterol: What To Do About It.* Philip H. Frost, Med. & CVRI. HSW 300. Noon-1 p.m. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. UCSF-Mission Center (MCB), Rm. 300C. 12:05 p.m.*

PSYCHIATRY GRAND ROUNDS: *Eating Disorders: An Update.* Joel Yager, Psychr., Behav. Sci., Neuropsych. Inst., UCLA & West LA VAMC. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

SEMINARS IN BIOLOGY: *Factors Controlling Macromolecular Synthesis During S Phase.* Nathaniel Heintz, Mol. Bio, HHMI, Rockefeller U. HSW 300. 4 p.m.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

CHILD NEUROLOGY CONFERENCE. S 664. 4:30 p.m.

UROLOGIC PHYSIOPATHOLOGY CONFERENCE: *Functioning Adrenal Tumors.* Sherif Aboseif, Uro. M 464. 5-6 p.m.

PATHOLOGY GRAND ROUNDS: *Gastrointestinal Pathology II.* Carolyn Montgomery, Path. HSW 508. 5:30-6:30 p.m.

***Open to the public.**

BAHA HEMATOPOIESIS & STEM CELLS SEMINAR: *Stem Cell Transplantation.* Maria Pallavacini, Biomed. Sci., LLNL. L 535. 6:30 p.m. Must call in advance at 423-0764.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Work, Exercise & Pregnancy.* Cathy Preciado-Partido, Bay Spring Women's Group leads discussion for the third in the six-part series "Working Pregnant." $5 individual/couple. Millberry Union Conf. Cntr. 7-9 p.m. Call 476-6667.*

CENTER FOR PREHOSPITAL RESEARCH & TRAINING JOURNAL CLUB: *EMS Down Under.* Ron Dieckmann, Base Station, SFGH. Refreshments will be served. LS 100R. 7-9 p.m. Call 476-8502 for information.

BRAIN TUMOR SEMINAR: *Brain Tumors & Neuropsychological Functioning.* Joel H. Kramer, Ped. & Psychr. Last in a series of three seminars for brain tumor patients, survivors, their families & health professionals. Sponsored by the Brain Tumor Research Cntr. & Natl. Brain Tumor Fndt. UCSF-Laurel Heights Aud., 3333 California St. 7:30-9:30. Call 269-0404 for information.*

SAN FRANCISCO HISTORY CLASS: Meets every Wednesday through Dec. 12. Led by Charles Fraccia, SF Historical Society. Toland Hall. 7:30-9:30 p.m. Call 567-2725 for information.*

8 Thursday

MEDICINE GRAND ROUNDS: *Papillomaviruses & Human Cervical Cancer.* Peter M. Howley, Tumor Virus Bio., Natl. Cancer Inst., NIH. Toland Hall. 8-9 a.m. (See Sokolow Lecture, Tues., Nov. 6.)

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. 4H2. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Lead Poisoning: Current Perspectives.* Lynn R. Goldman, State Dept. Hlth. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Choroidal Effusion Management.* Daniel Schwartz, Oph. Preceded by case presentations: *External Disease.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Ambulatory Assessment & Management of Hyperlipidemia.* Robert Baron, Clin. Med., Med. & Prim. Care. A 455. 10 a.m.-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. HSE 317. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

HOW ARE NURSES PERCEIVED?

Nursing Image. Pamela Minarik, Clin. Nurs. specialist & former VP, CA Nurses' Assn. Sponsored by the Nurses' Student Council, Off. Student Affairs & Golden Gate Nurses' Assn. N 729. Noon-1 p.m.*

ORAL BIOLOGY 220 SEMINAR SERIES: *Growth Factors & Skeletal Differentiation.* Rik Derynck, Genentech. S 664. Noon.

MEDICAL ANTHROPOLOGY RESEARCH SEMINAR: *Cultural Construction of Psychiatric Practice in India & the US: Impressions from the Field.* Michael Nunley, Med. Anth. Laguna Honda School, Rm. 218. Noon-1 p.m.

MISSION CENTER BROWN BAG LECTURE SERIES: *Sleep Disorders: Causes & Treatment.* Jerrold A. Kram, Med. & Sleep Disorders Clin., Stanford. Rm 125, UCSF-Mission Cntr (MCB). Noon. Call 476-4394 for information.*

NO MORE CRAZY WOMAN

PMS: Say Goodbye to the Crazy Woman. Chiropractor Anna Harvey focuses on ways of dealing with PMS through diet, nutrition, exercise, herbal therapy & lifestyle modifications. Toland Hall. Noon-1 p.m. Call 476-0400 for recorded program information.*

ADOLESCENT MEDICINE COLLOQUIUM

Impact of Adolescent Chronic Conditions: Information from a New National Household Survey. Paul Newacheck, Inst. Hlth. Policy Studies. N 729. 3:30-5 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4-5 p.m.

PRIMARY CARE GRAND ROUNDS: *Assessment of Visual Function & Glaucoma Detection by the Primary Care Provider.* Michael Drake, Oph. & Eye Clinic. A 455. 4:30 p.m.

RADIOLOGY GRAND ROUNDS: *Thoracic Imaging Bowl.* Gordon Gamsu, Rad., Med. & Thor. Imaging; W. Richard Webb, Rad. HSW 301. 5:15-6:15 p.m.

COLE HALL CINEMA: *The Freshman.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 7:45 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting—alcoholics only. LPPI A 222. 6 p.m.*

ARTHRITIS . . . WHAT YOU NEED TO KNOW

Osteoarthritis & Rheumatoid Arthritis. Lindsey A. Criswell, Rheum., gives an overview of these two common forms of arthritis. Free parking available. UCSF-Laurel Heights Conf. Cntr., 3333 California St. 7-8:30 p.m. Call 476-3206 for information.*

9 Friday

CRI HEMATOLOGY/ONCOLOGY GRAND ROUNDS. M 1296. 8 a.m.

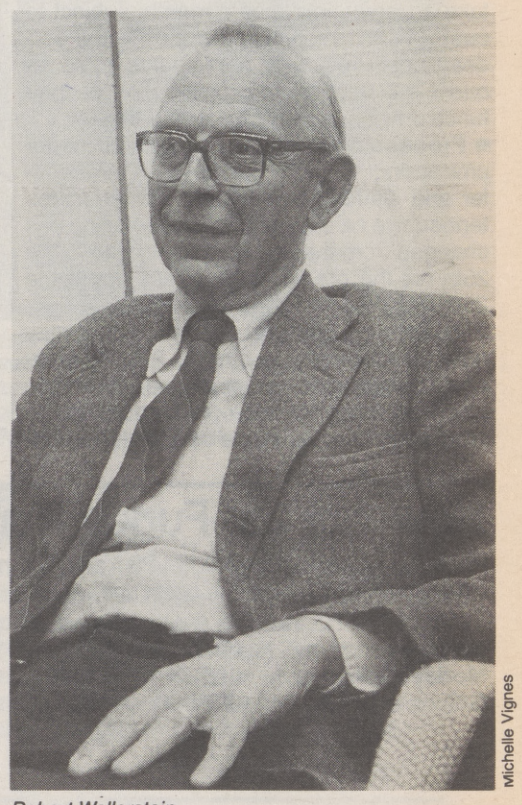
CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Psychosis in a Five-Year-Old Boy.* Jeff Rowe & Caren Ludmer, both Child & Adol. Psychr. LPPI Aud. 10:10-11:30 a.m.

PHARMACEUTICAL CHEMISTRY SEMINAR: *Modeling Host Guest Binding & Helix Unfolding in Solution.* William Jorgenson, Chem., Yale. S 1364. 11 a.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

PATHS OF HEALING & WHOLENESS SEMINAR: *Empowerment & the Healing Process.* Karibee Halo Shames. N 721. Noon. Call Marie Lehrer at 476-3939 for information.*

COLE HALL CINEMA: *The Freshman.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 8:30 p.m.*



Michelle Vignes

Robert Wallerstein

LPPI BENEFIT DINNER/DANCE

Dinner/Dance honors Robert S. Wallerstein, former chair, psychiatry & director, LPPI. Sponsored by the Friends of LPPI. $150 per person. Grand Ballroom, Grand Hyatt on Union Square. 7 p.m. Call Toni Wilkerson at 476-7397.*

DEVELOPMENT & TRAINING

For further information call 476-4032.

Self Assessment for Career Planning. Wed., Oct. 31, Nov. 7, 14, 21. 8:30 a.m.-noon. $25.

Managing a Culturally Diverse Workforce. Fri., Nov. 2. 8:30 a.m.-4:30 p.m. $20.

Personnel Policies for Supervisors. Tues., Nov. 6, 13, 20. 9 a.m.-noon. $10.

Basic Grammar for Writing. Wed., Nov. 7, 14, 21, 28. 1-4 p.m. $30.

General Ledger & Accounting. Thurs., Nov. 8. 8:30 a.m.-noon. $10.

Materiel Management Workshop. Thurs.-Fri, Nov. 15-16. 8:30 a.m.-12:30 p.m. $15.

Supervising in the Workplace: Administering Consistent & Appropriate Discipline. Tues., Nov. 27. 8:30 a.m.-noon. $10.

How to Manage AIDS Issues in Your Department. Wed., Nov. 28. 9-11:30 a.m. $15.

Coping with Difficult People. Thurs., Nov. 29. 8:30-4:30 p.m. $30.

Benefits/Personnel

Exercise Your Benefits Options Now

You have from Thursday, November 1, until Friday, November 30, to take action on your Open Enrollment options. This means if you want to make changes in your medical, dental, optical, legal, dependent life and Depcare enrollment status, your forms must be received by 5 p.m. of the last day in Campus Accounting, Box 0812, or the Benefits Office, Box 0918. See your department's benefits rep for forms and further information.

A good reference for Open Enrollment opportunities and plan changes for 1991 is the literature that accompanied your Personal Benefits Statement from the systemwide benefits office. This should have arrived in your home mail (for eligible employees). It contains a number of fairly easy-to-read charts containing all the details.

Our own Benefits Office is providing a number of opportunities for employees to learn about the options, including the open house and information sessions listed in the adjacent articles and a mailing to all eligible employees.

Otherwise, here's a start:

Medical and Dental

- If not presently enrolled, you may enroll yourself and eligible dependents.
- If you opted out of coverage for 1990, you may opt back in and enroll for 1991.
- You may transfer from your present plan to a different plan.
- You may add eligible dependents to your plans.
- Two additional plans will be available: UC Care, a fee-for-service plan, and Foundation Health, an HMO.

Optical and Legal

- If not presently enrolled, you may enroll yourself and eligible dependents.
- If you opted out of coverage for 1990, you may opt back in and enroll for 1991.
- You may add eligible dependents to your plans.

Dependent Life Insurance

- You may purchase an Expanded Dependent Life Insurance plan.

Depcare

- You may establish tax-free funds for payment of certain dependent care expenses by signing a salary reduction agreement for 1991.
- You may change your 1990 agreement.
- If you take no action, your 1990 agreement will continue for 1991.

Tax Savings on Insurance Premiums

- You may withdraw from the plan for 1991, or if you withdrew for 1990, you may re-enter the plan.

Changes in Savings Program

Several changes in the tax-deferred 403(b) and After-Tax Contribution Plans recently went into effect:

- **Frequency.** Participants may transfer or take a distribution once a month, subject to customary transfer/distribution rules and deadlines. Previously, participants could request transfers or take distribution of their funds only once every three months.
- **Processing deadlines.** The deadline for processing 403(b) and After-Tax Plan transfer and distribution requests has been extended five calendar days. The deadline has changed from the 20th of each month to the 25th (or the preceding business day if the 25th falls on a weekend or holiday).
- **Telephone transfers.** Participants may now transfer monies among the UC-managed investments by telephone. To do so, you must complete a telephone transfer authorization form, available through the Benefits Office, 476-1400. (Forms were sent to all participants with the last quarterly report.) Telephone fund transfers are effective as of the end of the month in which the transfer is valued, subject to the customary transfer rules and processing deadlines.

November Classes

Development & Training is offering eight classes in November, including:

- "Managing a Culturally Diverse Workplace"
- "How to Manage AIDS Issues in Your Department"
- "Coping With Difficult People"

Classes are available to all UCSF staff employees. If you're interested in the complete list and enrollment information, call 476-4032.

How Are the Funds Performing?

For those invested in the 403(b) Plan and the After-tax Plan, here are the latest unit values and monthly factors (as of September 30). If you have questions, please call x69256.

	Monthly Factor	Current Rate
Savings	.0071	8.67%
Money Market	.0067	8.13%
GIC	.0071	8.62%

	Unit Value	1-Month Change	12-Month Change
Bond	$38.40	0.6%	1.4%
Equity	$59.59	-2.9%	-6.1%

Open Enrollment Information Sessions

On the following dates, staff from the Benefits Office will provide information and answer questions about each plan available during Open Enrollment. Staff will be available an hour before and after the meetings to answer individual questions (except at drop-in sessions and on November 15, when staff will be available after the session only). Booklets describing the plans will be available at the meetings as well as in your department.

- Friday, November 2: SFGH Carr Auditorium, 12:15 to 1:15 p.m.
- Tuesday, November 6: Mission Center, Room 125, noon to 1 p.m.
- Wednesday, November 7: HSW 302, noon to 1 p.m.
- Thursday, November 8: Mount Zion, dining rooms 2 and 3, drop-in 8 a.m. to 1 p.m.
- Friday, November 9: Oyster Point Conference Room, 1-2:30 p.m. and 2:30-4 p.m.
- Monday, November 12: Mount Zion dining rooms 2 and 3, noon to 4 p.m.
- Wednesday, November 14: HSW 302, noon to 1 p.m.
- Thursday, November 15: Toland Hall, 5 to 6 p.m.
- Friday, November 16: VAMC, Building 203, third floor, Room 3 B 66, noon-1 p.m..
- Tuesday, November 20: S 1364, noon to 1 p.m.

Open Enrollment Open House October 31

Here's a great way to prepare for Open Enrollment: Come to an Open Enrollment Open House sponsored by the Office of Financial Planning and Benefits on Wednesday, October 31, from 8 a.m. to 4 p.m. in the Millberry Union Conference Center.

The event will feature representatives from all of the UC-sponsored medical and dental plans, plus Midwest Legal Services. This is your opportunity to meet and talk individually with reps, get your questions answered and make your decisions.

Fun Zone

UCSF Orchestra Begins New Season Nov. 4

The UCSF Orchestra, under the direction of Jonathan Davis, will perform its first concert of the 1990-91 season on Sunday, November 4, at 4 p.m. in the MU gym.

The debut concert of the orchestra's third season will include Schubert's "Symphony No. 8 in b minor, Unfinished"; Prokofiev's "Lieutenant Kije Suite, op. 60"; Verdi's "Sempre Libera" from "La Traviata"; and Catalan's "Ebben? Ne Andro Lontana" from "La Wally" (the featured aria from the film "Diva"). Jane Gitschier, soprano (and UCSF assistant professor of medicine), will be the featured soloist.

Tickets will be available at the door beginning one hour before the concert, $5 general and $3 for seniors and students.

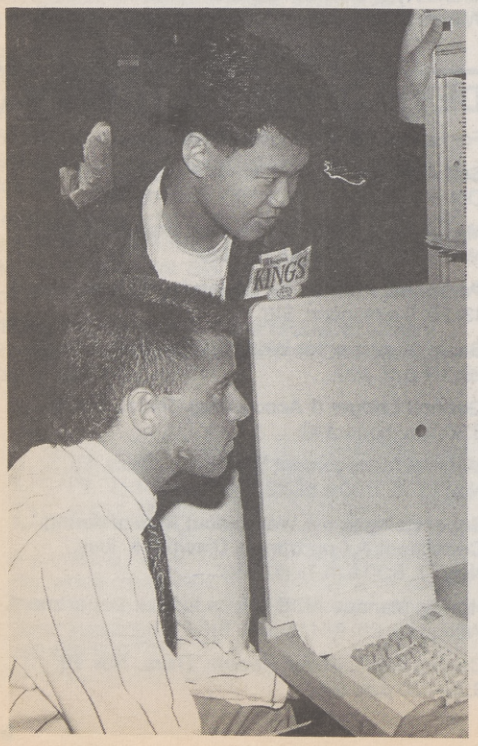
The concert is produced by UCSF Arts and Performances and funded in part by the Associated Students of UCSF and the Chancellor's Endowment Fund. The Graduate Students' Union will host a reception immediately following the concert. For further information, call 476-6761.

More dates for your calendar:

- **Big Halloween Festival on Wednesday, October 31:** "Escola Nova de Samba," SF's top Brazilian Band, will perform at the Fifth Annual Halloween Festival beginning at noon in Saunders Court. The event includes a pumpkin carving contest, costume contest, great prizes, a bake sale and dancing. To enter the carving contest, call EMPACT!, 476-6932. To enter the costume contest, just show up in your costume. The Halloween Festival producers include Millberry Programs and Services and EMPACT!. Sponsors include TakeCare Health Plan, Student Services and Student Housing.
- **X-C Skiers Warm-Up Party on Wednesday, November 7:** Beginners and old pros alike are invited to start the season with a party in the Outdoors Unlimited Center at 7 p.m. Slide shows and videos, discussions on the latest equipment and places to go for the best cross-country skiing. Bring refreshments to share. Call 476-1469 for further information.
- **Holiday Gift Wrap and Accessories Orders Due Friday, November 9:** Quality products at discount prices. Call EMPACT!, 476-6932, for a catalog and order. Return order to Box 0234A by Friday, November 9. Pickup date Friday, November 30.
- **See's Candy Pre-Orders Due Monday, November 12:** Save $1.25 per pound. Call EMPACT!, 476-6932, for order forms. Pickup dates begin in early December. On location candy sales for Thankgiving and December Holidays are scheduled. Call EMPACT! or check this column next issue for dates.
- **UCSF Faculty/Staff Art Show on Monday and Tuesday, November 12 and 13:** Second Annual, MU Conference Conference Center, 8 a.m. to 8 p.m. both days. Forty UCSF staff members will show their work. A wine and cheese reception on Monday, November 12, from 5 to 7 p.m. will feature several campus ensembles, including the new UCSF Non-Marching Band, the Sunset Jazz Band and the Vocal Chords.
- **Ski Cabin Rental Reservations Begin October 31:** North and South Lake Tahoe cabins available weekends and midweek, December through April. Call Outdoors Unlimited, 476-2078.

Medsounds Continued

Scenes from the Career Fair, Health Fair



To the left, dietetic intern Tom Vizioli computes a nutritional analysis for a high school student who attended the "Careers in Health" Fair on October 18. The Nutrition & Dietetics booth, which also did body composition assessments, was one of about 30 booths in the most successful career fair since the Medical Center began sponsoring the event five years ago. This year's event, chaired by Nursing's Sheila McCarty Woolley and coordinated by Administration's Ellen Call, attracted some 500 career seekers.

Two days later, about 2,000 people flocked to the Children's and Family Health Fair. As you can see from the scenes to the above right, the focus of the fair definitely was on kids, but the tours of Medical Center & research departments were of interest to all ages, as is evident below right. Key figures in this year's event included Planning & Marketing's Jackie Jew, overall chair, and pediatrician Pam High, exhibits chair.

Medsounds Continued

Physical Therapy Staff Removes the Pain from the Learning Process

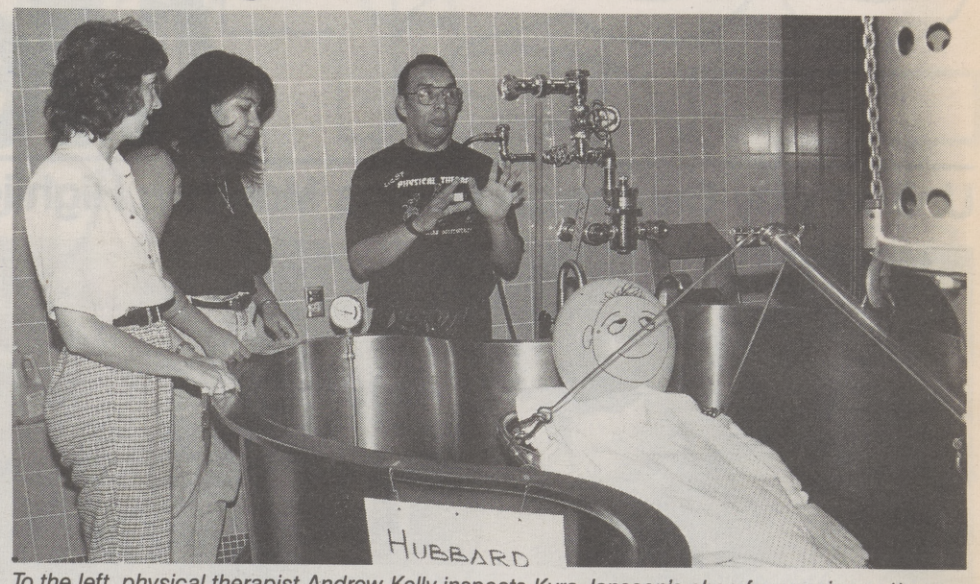
The members of the Medical Center's physical therapy staff had a fine agenda planned for those who attended the department's open house in conjunction with Physical Therapy Week earlier this month.

They wanted to give visitors a true feeling for what physical and occupational therapists do, both in the prevention of pain and injury as well as the promotion of recovery. Toward this end they offered a dozen or so actual evaluations and demonstrations.

Those who stopped by could observe themselves walking (via video tape) and have their gait patterns analyzed; or their posture evaluated, or their overall fitness sized up. Several therapists offered visitors the experience of manual therapy, involving joint mobilization in the wrist, neck or back for the relief of pain. There were demonstrations on how to perform certain tasks, such as lifting, without injury; or what kind of chairs are best suited for various kinds of work.

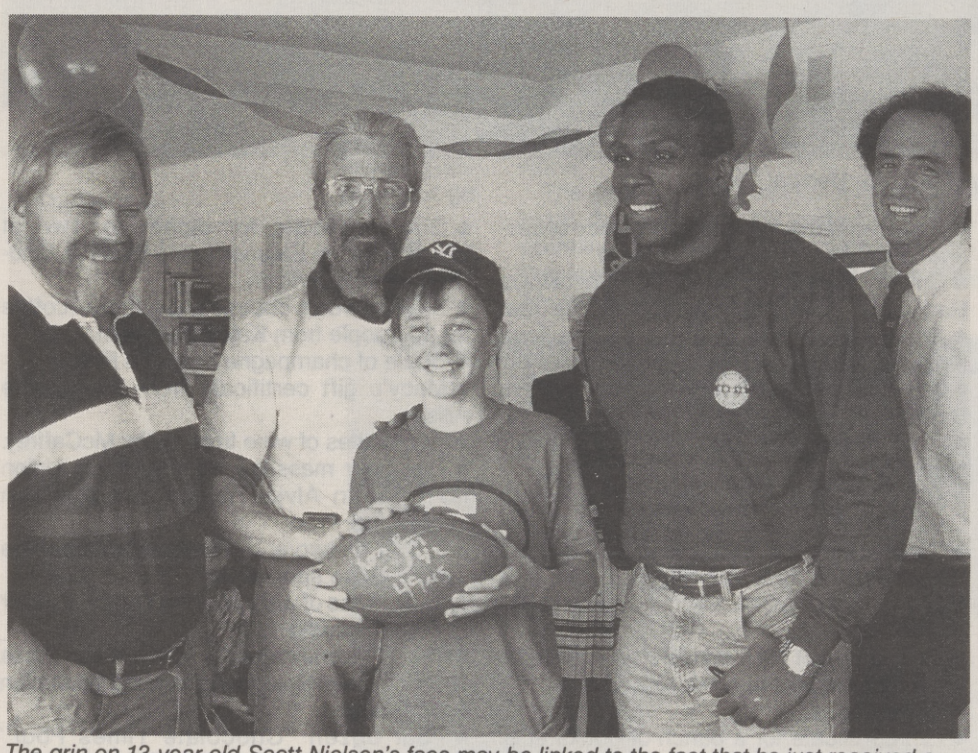
Visitors could even learn about cognitive therapy in an exercise offered by an occupational therapist, in which participants tried to manipulate a pencil working from a mirrored image.

If this sounds like the kind of event where you learn something without even trying because it's fun, it was indeed. If you missed it and now you're sorry, take note: They plan to do it again next year.



To the left, physical therapist Andrew Kelly inspects Kyra Janssen's shoe for wearing patterns, one clue in gait analysis; and above, physical therapy assistant Hector Solares demonstrates the use of hydrotherapy to visitors Lynn Garrett (left) and Donna O'Regan. Kyra is from Quality Assurance; Lynn and Donna are from Stomatology.

Three Teams Behind Children's Cancer Program: UCSF, the 49ers, & the Giants



The grin on 13-year-old Scott Nielsen's face may be linked to the fact that he just received a game ball from 49er Keena Turner (second from right). Also pictured are (from left) Scott's dad, Richard Nielsen of Susanville; David Civitello-Joy, Family House board president; and (far right), John Scully of Pier 39, which sponsored the game for which Scott received the ball.

49ers for Family House

Fortyniner Keena Turner recently paid a visit to the Medical Center and Family House as part of a program called "49ers for Family House" spearheaded by Turner and teammate Eric Wright. Under the program, sponsors are enlisted to make a $1,000 donation to Family House for each home game. Then, for each sponsored game, Turner and Wright present a game ball to a patient in the UCSF children's cancer program. Family House, which is headquartered on Irving Street across from UCSF, serves as a "home away from home" for family members who have brought a child from out of town for cancer treatment here.

Rebecca Wilson, a young Giants fan from Sacramento, claims a couple of Cody Bears.

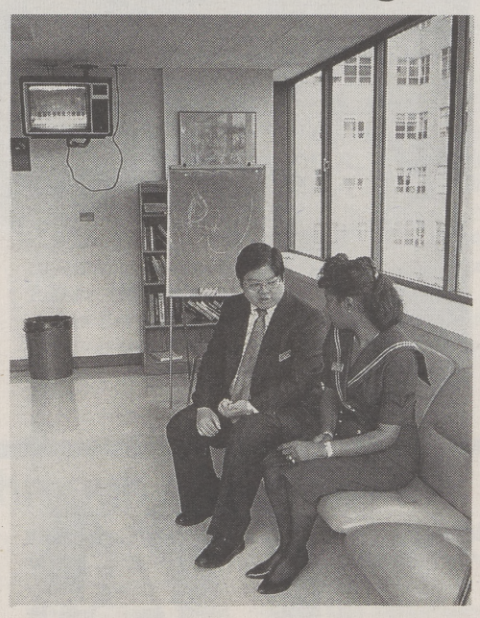
Sisters Dorene Chin (left) from Francis Greenspan's office and Cindy Lee from Nursing Administration were among the volunteers selling Cody Bears in the KNBR-sponsored booth.

Cody Bears Everywhere

A popular spot at the September 29 Giants game at Candlestick was the booth featuring "Cody Bears"—a furry white teddy bear rigged in Giants attire. The Cody Bears (now available for $16 at the Moffitt Hospital gift shop and in Giants Dugout stores) are a part of the fundraising activities for the Cody Fund, which benefits the UCSF Children's Cancer Center. The fund was established by Giants pitcher Steve Bedrosian and his wife after their young son Cody was diagnosed with leukemia. Before the game, Bruce Wintroub, associate dean of Mount Zion of UCSF and acting director of Mount Zion cancer programs, spoke for UCSF in honoring the Bedrosians and the Giants for their part in raising some $25,000 to date through the fund.

The 7, 8 and 14 Long Solaria Are Looking Very Nice, Thanks to the Auxiliary

What you see here are before and after solarium shots. In the first photo we have classic post-modern solarium decor, a sight we all know and simply became accustomed to. In the second we have the newly refurbished 7 Long solarium, a project made possible by the Auxiliary. As part of its "Special Projects" program, the Auxiliary provided $30,000 for the refurbishment of three solaria—on the 7, 8 and 14 Long nursing units. (If you're trying to figure out what a solarium is and where these rooms are located, these are the all-purpose rooms, often used by patients and families, at the northwest end of the units.) Coordination for the project was provided by Building Management, represented in both photos by Dick Chan and Terrell Wilson. They are joined in the "after" photo by Jennifer Dickman, 7 Long head nurse. (Keep in mind that before long the Auxiliary will put out its annual call for Special Project requests. Requests can be for up to $25,000—but the projects must directly benefit patients and/or families. Watch for notice.)



Auxiliary Fundraisers: Halloween Sale, Coat Sale

The Auxiliary has a few fundraisers cooking. For further information, call the Auxiliary office at 476-4906.

- **Halloween Sale.** Monday, Tuesday and Wednesday, October 29 through 31, 8 a.m. to 5 p.m. each day. Medical Sciences lobby. All kinds of gifts and treats in Halloween packaging.
- **Outer Wear Sale.** Tuesday and Wednesday, November 6 and 7, 8 a.m. to 5 p.m. both days. Medical Sciences lobby. Women's coats and jackets presented by "GDT Too."
- **Entertainment '91.** Discount book offering half-price and two-for-one deals at a lengthy list of restaurants, entertainment and cultural, recreation and sports events. Valid for one year starting November 1. $35. Call for an order form, or stop by the office at M 182.

In this Issue!

- **Get your flu vaccine now,** see page two.
- **A page of SFGH party pictures,** see page three.
- **GCRC 30th Anniversary Symposium, November 2,** see page one.

UCSF Medsounds

Volume 5, Number 18 October 27-November 9, 1990

United Way Campaign Begins Monday: Highlights Include Agency Fairs, Raffle Prizes

These 11 people represent the dozens of donor reps working together to bring the United Way campaign to the Medical Center.

A highlight of the Medical Center's United Way campaign from Monday, October 29, to Friday, November 9, is a lineup of five United Way Agency fairs, four on Parnassus and one at Mission Center.

Each of these fairs will feature a variety of representatives from United Way agencies, providing you the opportunity to see and learn about the kinds of organizations that benefit from your donations.

The fairs will take place Monday and Thursday of each week—October 29, November 1, 5 and 8—from 11:30 a.m. to 1:30 p.m. in the Medical Sciences lobby; and on Tuesday, October 30, in the Mission Center lobby, same time.

The event on October 29 also will constitute the campaign kickoff, with a breakfast preceding the fair for Medical Center donor reps (details available from your supervisor). Following the breakfast, donor reps can pick up their United Way materials at the fair.

The Raffle Prizes

In addition to the agency representatives, the fairs will feature souvenirs, popcorn, snacks *and* a series of raffle drawings. If you are a Medical Center employee and you make a donation to United Way, you automatically are entered in a raffle drawing for a long list of splendid prizes traditionally donated by members of the Med Center management staff.

When the raffle idea first began several years ago, there was one big drawing at the end of the campaign. Now, however, the committee has decided to divide up the drawing, and give away some of the prizes at each of the latter three agency fairs. You don't have to be there to win, but obviously, the earlier you make your donation, the more chances you'll have to win. Here's the prize list:

- $50 gift certificate to Macy's or Nordstrom from Karen Akerson.
- Dinner for two at any SF Restaurant from Helen Ripple.
- Case of Domaine Chandon Blanc de Noir champagne from Dan Shydler (or two cases of beer or four cases of soft drinks).
- Weekend for two at Point Reyes Seashore Lodge from Bill Kerr.
- Gift certificate for two for a massage and hot tub adventure at Family Sauna from Linda Mann and the Critical Care/Surgery nursing division.
- Choice of a cheesecake or double dutch chocolate cake from Joan Hankin.
- Case of California wine from Jackie Kuhn.
- $50 gift certificate to "On the Run" on 9th Avenue from Wayne Taylor.
- A bucket of not-to-be-forgotten chili dip, no beans, from Phil Yamahiro.
- A year's membership to your choice of several SF museums from Patty Perry.
- Sunday brunch for two at The Castaways Restaurant at Coyote Point from Jackie Jew.
- Two dozen "Gold Rush" brownies from Kyra Janssen.
- An informal photography session from Barbara Jacobs.
- Two tickets to Marin Theater Company from Rod Seeger.
- Gift certificate to Auntie Pasta from Charles Taylor.
- Three dozen Aztec cookies from ancient Aztec recipe from Duane Brown.
- $50 gift certificate to Nordstrom from Jane Hirsch.
- Two bottles of wine from Betty Hanel.
- $30 gift certificate to Nordstrom from Trisha Montague.
- Gift certificate for a bunch of books at B. Dalton's Bookseller from Clifton Louie.
- Sunday brunch at Lois the Pie Queen, plus a take-home pie from Lucy Sponsler and Sheila Antrum.
- A ceramic pie plate from Leona Hansen Biddle.
- Macy's gift certificate from Ron Schumacher.
- Gift certificates for movie tickets from 11 Long nursing staff.
- $50 gift certificate to the Emporium from Jesse Stephens.
- Gift certificate for dinner for two at Etrusca's from Eleanor Louie and the Med-Surg nursing division.
- Bagels, cream cheese and gourmet coffee for 20 people from Kathy Balestreri.
- Bottle of champagne from Jim Fink.
- Macy's gift certificate from Mary Jane Allison.
- Two bottles of wine from Kathy McCaffrey.
- One-hour massage from Millberry Union from Susan Alves-Rankin and Deborah Yano-Fong.
- Dinner for two at a SF restaurant from the clinical nurse specialists.
- Two bottles of wine from the personal cellar of Susan Janvrin.
- Two gift certificates for lunch at the Plaza Grill from Joan Spicer and Nursing Education & Research.
- Four dozen "Chocolate Times Four" cookies from Susan Semonoff.
- Two bottles of California wine from Reece Fawley.
- Massage at Millberry Union or an evening of babysitting from Star Deppe.
- Two dozen muffins from Joanne Pehkonen.
- Massage at Millberry Union from Liz Hughes.
- A day of pampering at the Claremont Spa from Susan Flanagan and the Maternal Child Health Division.

School of Nursing Faculty, Clinical Nurses Collaborate on Research Projects

You may remember from a few months ago advertisements here and elsewhere for "nurse assistive personnel." The position was open to non-nurses who would assist RNs by performing tasks that do not require professional nursing skills. The job was advertised as being temporary, with the possibility of it becoming permanent if the concept proved effective. Six people were hired; they are working on 7 and 9 Long; and according to a recent progress report, patients, nurses and assistive personnel are mutually pleased by the arrangement.

This project actually constitutes a study, and it is one of three collaborative research projects between the School of Nursing and the Medical Center's Department of Nursing. The clinical site for each study is Moffitt/Long; and each research team includes faculty members from the School of Nursing working together with clinical nurses and other members of the clinical staff.

Funded by the Medical Center, this first-time formal program for collaborative research between the two institutions holds a good deal of significance, according to Jane Norbeck, dean of the School of Nursing; and nursing director Helen Ripple. In addition to the advantages of combining the expertise of the two groups, Helen points out the advantage of conducting a study directly in a setting where the results will be used. The outcome of the study, she says, can result in very tangible application. The focus for all three projects in progress is on relating nursing interventions with patient outcomes and cost effectiveness.

The Nurse Assistive Personnel study, formally named "The Effect of Supplemental Staffing with Permanent Based Nurses' Aides on Patient Outcome and Cost," is spearheaded by clinical nurse specialist Pat Sparacino and Susan Neidlinger, assistant professor in the School of Nursing. Other members of the research team include, of course, the six assistive personnel, plus the head nurses of 7 and 9 Long (the experimental group), Jennifer Dickman and Monique White, respectively; and 11 and 12 Long (the control group), Pat Wong and Cathy Cebulski, respectively. (During the first months of the study, Sheila McCarty Woolley was acting head nurse on 9 Long.)

Another study in progress is a look at pain control techniques for children, called "Post Operative Pain Management in Children and Adolescents: The Use of Patient Controlled Analgesia." Co-investigators for this study include 6 Long's Inez Weiging, clinical nurse specialist Lori Howell and Mary Tesler, clinical professor in the School of Nursing; with assistance from Nursing Education's Estrella Manio, School of Nursing's Marilyn Savedra and pediatrician Maurice Zwass.

Members of the wound-healing research team, one of three collaborative research teams between the School of Nursing and Department of Nursing: (left to right) Nancy Stotts, Kathy Griggs, Susan Barbour, Michelle Irving and Brenda Bouvier.

The third project underway, led by clinical nurse specialist Susan Barbour and associate professor Nancy Stotts, is called "Clean Versus Sterile Technique in Changing Dressings of Patients with Open Surgical Wounds." The research team also includes clinical nurse specialist Kathleen Griggs and nurse epidemiologist Brenda Bouvier, plus 14 Long head nurse Michelle Irving, before her recent departure for South Dakota.